

**Oblate and Candidate Retreat—April 27, 2019**  
**Matters of the Heart: Benedict's Use of "Heart" in the Rule**  
Retreat Director: Sister Mary Jo Polak, OSB

We know that St. Benedict first asked us to "Listen with the ear of our heart." In this retreat, we will go beyond that first line and consider the virtues of the heart that Benedict teaches throughout the Rule. Please bring your Bible and the Rule of Benedict [RB1980].

Sr. Mary Jo Polak, OSB, has been involved in retreats and spiritual direction for 25 years and has been a Benedictine Sister for over 38 years. Rooted in a background of education and pastoral ministry, her training includes certificates in spiritual direction and guidance and counseling. Over the years Sister has Mary Jo has served the community in Missouri as a formation director and Prioress.



3/19 Kathy Hodge

3/11 Sharon Bonas-Hennessy

3/12 Greg Hernandez

3/14 Lisa Derrick

3/16 Ernie Acuna



As America marks the 40<sup>th</sup> anniversary of the Roe v. Wade Supreme Court decision this year, abortion has become the leading cause of death in our nation and worldwide, ending the lives of more than 42 million children each year and harming millions, of women, men, and their families. In the midst of this global crisis, there is hope. The groundbreaking **40 Days for Life** movement of prayer, fasting, and peaceful vigils is happening now, **Ash Wednesday through April 16<sup>th</sup>**. Find out more at [40daysforlife.com](http://40daysforlife.com) or contact Lisa Santa Cruz [628 4193](tel:6284193).

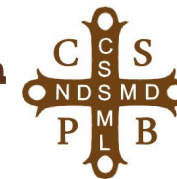
***Remember to do an***  
***Act of Kindness each week!***



Sisters of St. Benedict

## Our Lady of Guadalupe Bulletin

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<http://www.olgmonastery.com>



The Mission of the Sisters of St. Benedict is to give witness to the Gospel values and follow the Rule of St. Benedict by living the monastic life through the charisms of: Personal Prayer, Community Prayer, Hospitality, and ministering to the people of God.

**Date: 3/10/2019**  
**First Sunday of Lent**

- **Fridays during Lent**—Mass 5pm followed by Stations, Soup supper, Reflection  
RSVP for supper to: [sisterlinda@olgmonastery.com](mailto:sisterlinda@olgmonastery.com)
- **Saturday, March 16th**—Oblate/Candidate meeting: 1-4pm
- **Sunday, March 17th**—Fr. Nathan presentation of "Afterlife" — register after mass
- **Wed, March 27th**—Taizé Prayer 7pm
- **Sunday, March 31st**—Sr. Lydia's 25th Jubilee, 10:15am mass then lunch
- **Wed, April 17th**—Tenebrae 7pm
- **Easter Sunday—April 21, 2019**
- **Saturday, April 27th**—Oblate Retreat
- **Sunday, April 28th**—Oblation/Renewal

**Readings—March 10th**

First Reading: Deuteronomy 26: 4-10 (24C)

Second Reading: Romans 10: 8-13

Gospel: Luke 4: 1-13

### From the desk of Sr. Linda.....

We have a number of folks who are seriously ill. Armando Vaquera resigned on Wednesday from maintenance as his wife, Mickie, is seriously ill. Mickie is not able to work at the Thrift store as well. Both have been intricately involved for many years.

If you are able to step in to help with the Yard and facility maintenance to assist Ralph that would be great. Also, we are in need of help for Irene at the Thrift Store. She and Mickie were co-coordinators of the Thrift Store. Irene will need help with the sorting and with running the Thrift store on Friday's and Saturdays.

Lucy Quiroz is also seriously ill. Lucy has been a huge contributor to the crafts, gift shop, and sales at various events.

Julie Pino has been recovering from vertebrae fractures and has to take it easy in this recovery. She has directed the cooking teams for the retreats.

Please keep these four in your daily prayers for the graces needed at this time.

Blessings,  
Sister Linda, OSB  
Prioress

**VOLUNTEER NEEDS AT THE MONASTERY!**

- ◇ Thrift Store
  - ◇ Volunteers need to help sort, set up at 7am and put away at 11:30 each Friday and Saturday
  - ◇ Volunteers to work the Thrift Store on Friday's and Saturday's 8 am to Noon.
- ◇ One day per week to help Ralph [not on Thursday's]
  - ◇ Ralph needs help with.....Yard maintenance, opening and closing of Lupe's Thrift Shop, basic facility maintenance.
- ◇ Retreat cooks for March 22-24
  - ◇ Help prepare meals, clean up, etc. Email Julie Pino at juliepino60@gmail.com or text at 602-448-8904
- ◇ For Sister Lydia's Jubilee:
  - ◇ Washing/set up tables and chairs March 30th 8am
  - ◇ Dust off tables/chairs, decorate tables March 31st 7am
  - ◇ Clean up after Jubilee—put tables/chairs away, March 31st

**Please keep the following in your prayers:**

**Illness: James & Roberta Moran, Oblate Julie Pino, Oblate Lucy Quiroz, Mickie Vaquera, Oblate Maria Eleana Alvarez, Mr. Shimpock [Oblate Kathy Shimpock's dad]; Joe Teslar [Marie Durston's son & Pat Davis' brother]; John Lucas [Oblate Veronica Lucas dad], Pete Quinones, Oblate Jim Jones, Ernest Moreno, Irene Moreno, Barb Voepel**



**Those who have passed: Joe Garcia [Oblate Trish Lucero's brother]; Wayne Rockwood [our Monastery architect]; Jerry Martinez [Oblate Teresa Fandel's brother-in-law]; Hector Aburto; Theresa Ford's mother**



40 days.....as we begin our 40 day preparation for the coming of Good Friday and Easter, what is it that we are "giving up"? It should be more like "what are we practicing?" Giving up chocolate is great and all, but practicing joy, peace, goodwill, kindness, and praying more especially during Lent is truly turning our lives fully to Christ. After all, Christ dedicated his life to us. As we go through Lent, we must use this time to become better people. We should not focus on removing items from our lives, but add ways that help us follow Christ.



*Lupe's Thrift Store is OPEN Fridays and Saturdays and we need your donations!*

*These items are needed: furniture, appliances, kitchen items*

*Lupe's hours are 8am-Noon Fridays and Saturdays*

*Thank you!*

**Presentation on March 17<sup>th</sup> .... Fr Nathan will celebrate Mass, followed by lunch, presentation at 1:00 pm**

**Plan 1:** Purchase book from Monastery: Fr. Nathan: Afterlife, Interruption \$20.00 includes Registration for 1 person Lunch: I will bring my own lunch \_\_\_\_\_ I will purchase from Pita Jungle: salads, chicken dish, hummus, Mediterranean antipasto platter, pita bread, potatoes, fruit, etc. \$8.00 \_\_\_\_\_ for adult \$5.00 \_\_\_\_\_ for child  
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**\*Plan 2:** Do not want to purchase book but will attend: \$12.00 \_\_\_\_\_ Registration Fee Lunch: I will bring my own lunch \_\_\_\_\_ I will purchase from Pita Jungle: salads, chicken dish, hummus, mediterranean antipasto platter, pita bread, potatoes, fruit, etc \$8.00 \_\_\_\_\_ for adult \$5.00 \_\_\_\_\_ for child  
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**Plan 3:** Purchase book: Catherine & Gui Garcia: Ocean Metaphor \$20.00 includes Registration for 1 person Lunch: I will bring my own lunch \_\_\_\_\_ I will purchase from Pita Jungle: salads, chicken dish, hummus, mediterranean antipasto platter, pita bread, potatoes, fruit, etc \$8.00 \_\_\_\_\_ for adult \$5.00 \_\_\_\_\_ for child