

Oblate and Candidate Retreat—April 27, 2019
Matters of the Heart: Benedict's Use of "Heart" in the Rule
Retreat Director: Sister Mary Jo Polak, OSB

We know that St. Benedict first asked us to "Listen with the ear of our heart." In this retreat, we will go beyond that first line and consider the virtues of the heart that Benedict teaches throughout the Rule. Please bring your Bible and the Rule of Benedict [RB1980].

Sr. Mary Jo Polak, OSB, has been involved in retreats and spiritual direction for 25 years and has been a Benedictine Sister for over 38 years. Rooted in a background of education and pastoral ministry, her training includes certificates in spiritual direction and guidance and counseling. Over the years Sister has Mary Jo has served the community in Missouri as a formation director and Prioress.

3/19 Sandra Delgado



*Remember to do an
Act of Kindness each week!*

40 DAYS FOR LIFE

As America marks the 40th anniversary of the Roe v. Wade Supreme Court decision this year, abortion has become the leading cause of death in our nation and worldwide, ending the lives of more than 42 million children each year and harming millions, of women, men, and their families. In the midst of this global crisis, there is hope. The groundbreaking **40 Days for Life** movement of prayer, fasting, and peaceful vigils is happening now, **Ash Wednesday through April 16th**. Find out more at 40daysforlife.com or contact Lisa Santa Cruz [628 4193](tel:6284193).



Sisters of St. Benedict

Our Lady of Guadalupe Bulletin

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The Mission of the Sisters of St. Benedict is to give witness to the Gospel values and follow the Rule of St. Benedict by living the monastic life through the charisms of:
Personal Prayer, Community Prayer, Hospitality, and ministering to the people of God.



Date: 3/17/2019
Second Sunday of Lent

- **Fridays during Lent**—Mass 5pm followed by Stations, Soup supper, Reflection
RSVP for supper to: sisterlinda@olgmonastery.com
- **Sunday, March 17th**—Fr. Nathan presentation of "Afterlife"
- **Wed, March 27th**—Taizé Prayer 7pm
- **Sunday, March 31st**—Sr. Lydia's 25th Jubilee, 10:15am mass then lunch
- **Thurs, April 4th**—Reconciliation at 7 pm
- **Wed, April 17th**—Tenebrae 7pm
- **Easter Sunday—April 21, 2019**
- **Saturday, April 27th**—Oblate Retreat
- **Sunday, April 28th**—Oblation/Renewal

Readings—March 17th

First Reading: Genesis 15: 5-12, 17-18 (27C)

Second Reading: Philippians 3: 17 - 4: 1 or 3: 20—4: 1

Gospel: Luke 9: 28b-36

From the desk of Sr. Linda.....

Happy St Patrick's Day! Today we welcome Fr Nathan Castle, his sister Catheryn and her husband Gui, and Laura Dunham as they share their experiences. What a wonderful opportunity for us as a community to host this event. Thank you to all who come today to learn, to reflect, and to share.

As we continue on in the second week of lent we hear in today's Gospel of the Transfiguration of Christ. What would it have been for each of us if we had gone up the mountain with Jesus, Peter, James, and John?

Can you place yourself in this scripture account and experience your reaction to seeing Jesus transfigured in front of you along with Moses and Elijah and to hear God say: "This is my beloved Son, listen to Him."

Today we receive the same message: are we listening to Jesus in our daily life? Do we seek to follow Jesus in all that we do? This is the second week of lent, let us renew our commitment to Jesus.

Blessings,
Sister Linda, OSB
Prioress

**A Reflection for the Second Week of Lent from Fr. Mario Alberto Aviles,
C.O. of Sacred Heart Parish in Texas**

The wonderful Transfiguration of Jesus on Mount Tabor had only three eye witnesses: Peter, James, and John. The Gospels do not tell us why only these three disciples accompanied Jesus up the mountain. Maybe Jesus only invited these three, or perhaps he invited the Twelve but only Peter, James and John accepted His invitation. Whatever the case may be, today, our Lord invites us all to climb the mountain with him during this Holy season of Lent abandoning our sinful ways and worldly comforts. Each day of Lent, Jesus wants us to climb higher with Him in holiness by practicing the disciplines of Prayer, Fasting, and Almsgiving.



The symbolism of climbing Mount Tabor indicates to us that Lent is a spiritually strenuous journey; a journey marked by sacrifice, exhaustion and trepidation. Living on the Texas-Mexico border, we minister to many immigrants, young and old, who have made a journey much like the one Jesus invites us to make in today's Gospel. The immigrants' perseverance along that long trek through toil and danger serves to remind us today of the need to keep pace with Jesus up this mountain of Lent so that we too will be privileged to see what the apostles saw on that mountain: Jesus transfigured, shining brightly, our true Lord and love.

Through perseverance in the Lenten disciplines of Prayer, Fasting and Almsgiving, we will hear more clearly the Father's voice saying: "This is my beloved Son, with whom I am well pleased; listen to him." Let us therefore set aside time for prayer each day; do some little sacrifices each day such as giving up some entertainment we like or eating out and use that money for the poor. The immigrants that arrive at our Church door are examples of prayer, selflessness and service. It is not too late to catch up with Jesus, and take him up on his offer to go mountain climbing this Lent.

This is my beloved Son, with whom I am well pleased; listen to Him.

Matthew 17:5



**Donations
are Greatly
Appreciated!**

*Lupe's Thrift Store is OPEN Fridays and Saturdays
and we need your donations!*

These items are needed: furniture, appliances, kitchen items

Lupe's hours are 8am-Noon Fridays and Saturdays

Thank you!

