



ROCK PAINTING!

THIS Saturday, July 20th
 Paints and rocks will be provided.
 2:00pm in the Conference Room
 \$5 per rock (donation to Monastery)
 See Joannie or Teresa if interested



Tips:

- Drink half your weight in ounces of water (i.e., if weight is 160 lbs, you should drink 80 oz of water)
- Drink water the night before a morning workout
- Opt for water (NOT sodas) during airplane flights
- Foods that hydrate include melons, tomatoes, strawberries (contain electrolytes)
- Pregnant women should drink more water than normal
- If you're thirsty, dehydration has already begun....DRINK!
- Coffee, while yummy, dehydrates. Drink plenty of water too

Sisters of St. Benedict



Our Lady of Guadalupe Bulletin

8502 W. Pinchot Ave, Phoenix, AZ 85037 Tel: 623-848-9608
<http://www.olgmonastery.com>

The Mission of the Sisters of St. Benedict is to give witness to the Gospel values and follow the Rule of St. Benedict by living the monastic life through the charisms of:
 Personal Prayer, Community Prayer, Hospitality, and ministering to the people of God.



Fiesta de Guadalupe

Saturday, November 2, 2019

Our Lady of Guadalupe

Annual Fiesta

MARK YOUR CALENDARS

From the desk of Sr. Linda.....

The Gospel for today asks the question: "Who is my neighbor?" The story of the good Samaritan is relayed to us. When I reflect on this Gospel, I recall all those whose lives I touch and those who touch mine. I am making a concerted effort to greet all who I meet along the way...some respond, some don't, however, it is important that I initiate.

I have been very conscious of the homeless and especially those with mental illness...it seems that every time I drive down a street, I see someone who is experiencing a mental illness. What can you and I do to assist them? Advocate for more mental health assistance, pray for them, assist a group that is working with the mentally ill and especially those who are homeless.

Who is my neighbor is often a member of our family...how do you and I bring reconciliation to our family members? Are we willing to take on a non-judgmental approach to those we disagree with or don't like?

Following the Gospel in our daily life is not easy, and yet we are called to the hard questions posed in today's Gospel. Who is my and your neighbor? Are we responding the best that we can?

Blessings,

Sister Linda Campbell, OSB, Prioress

Date: 7/14/19
Fifteenth Sunday of Ordinary time

- **Sunday, July 14th**—Mass 10:15am and Hospitality Sunday!
- **Friday, July 19th**—Prayer 4:30pm, mass 5pm
- **Saturday, July 20th**—Rock Painting 2pm in the Conference Room (see Joanie if interested)
- **Sunday, July 21st**—Mass 10:15am
- **Friday, July 26th**—Prayer 4:30pm, mass 5pm, then Texas Hold 'em (see Veronica if interested)
- **Sunday, August 4th**—Mass 10:15am then Eucharistic Minister training after mass in Chapel

Today's hymns

Gathering "Our God is Here" Chris Muglia

Responsorial Psalm "Turn to the Lord in Your Need" Psalms 69

Gifts "The Cry of the Poor" John Foley

Communion "Ubi Caritas" Bob Hurd

Closing "With One Voice" Ricky Manolo

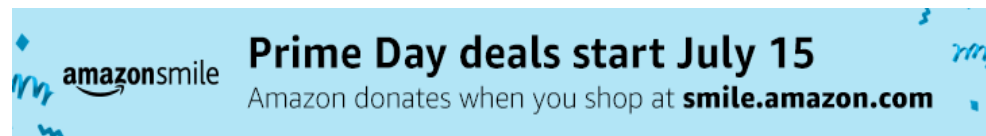
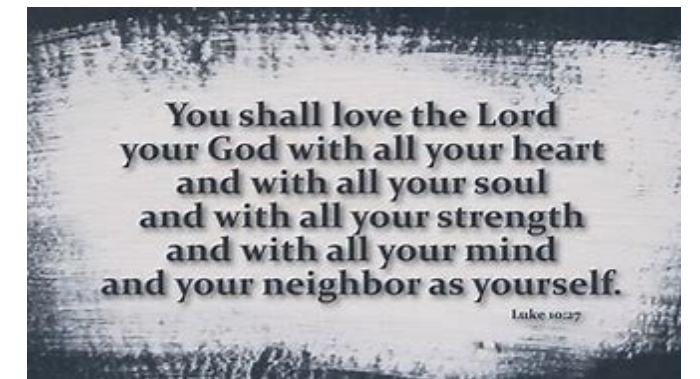
Daily Reading for Sunday July 14, 2019

Reading 1, *Deuteronomy 30:10-14*

Responsorial Psalm, *Psalms 69:14, 17, 30-31, 33-34, 36, 37*

Gospel, *Luke 10:25-37*

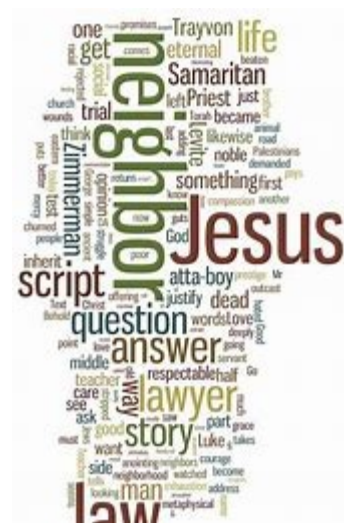
Reading 2, *Colossians 1:15-20*



You can make a difference while you shop Amazon Prime Day deals on July 15 & 16 (or always)!

Simply shop at smile.amazon.com/ch/86-0858480 and AmazonSmile donates to Sisters of St Benedict of Maricopa County AZ Inc. (the Monastery).

Save this link in your favorites!



Remember to do an Act of Kindness each week!

Oblate and Candidate dates for 2019-2020

September 14	1-4 pm.....Oblates and Candidates
October 21	1-4 pm.....Oblates and Candidates
November 16	1-4 pm.....Oblates and Candidates
January 18, 2020	1-4 pm.....Candidates only
February 15, 2020	1-4 pm.....Oblates and Candidates
March 21, 2020	1-4 pm.....Oblates and Candidates
April 25, 2020	9am-4pm...Oblates and Candidates retreat

MARK YOUR CALENDARS!



Interested in becoming a Benedictine Oblate here at our Lady of Guadalupe Monastery? Ask any of the Oblates you see here at mass (we have our Oblate name badges on).

Benedictine Oblates of St. Benedict are **Christian lay persons** who associate with a Benedictine monastery in order to share in the spiritual and material good works of the community. Christian adults are formally affiliated with the Benedictine monastic family in order to seek God more intentionally.

Men and women, married or single, in their own way of life, find support and ongoing growth in holiness through spiritual association with a particular monastic community.

We welcome those interested in learning more.

Email: sisterlinda@olgmonastery.com or read more on our website:

<http://www.olgmonastery.com/how-to-become-one/>



- 7/15 Hilda Rosales**
- 7/16 Carol Jackson**
- 7/18 Cuqui Rodriguez**
- 7/19 Dee Gray**
- 7/20 Kathy Shimpock**



Prayer intentions for healing go out to:

- Mickey Vaquera, John Lucas
- Jose Martinez, Petra Lara
- Lucy Quiroz, Tommy Arriaga
- Terry and Charlie Cano
- Gina and Gary Cronk
- Irene Moreno, Jim Jones



prayers prayers prayers prayers prayers prayers prayers



Do you know someone looking for a job but doesn't have professional attire for interviews? Or started a job but struggling with finding bus fare to get to work? I can help.

Please email me at: sbejarano@sjwjobs.org

<https://www.sjwjobs.org/>

