

Corona Virus/Flu Season Precautions

As prescribed by the Diocese of Phoenix. In order to promote safety and health in public worship and assist in alleviating undue anxiety among the faithful (especially the elderly), it seems prudent to reissue the following liturgical guidelines for the Diocese of Phoenix.

The Center for Disease Control together with the Bishops' Committee on Divine Worship remind us that the Coronavirus and the Flu are spread through personal, physical contact with someone who is sick (either through inhaling the virus, or through hand-to-mouth transmission with a contaminated surface). The CDC says that the best prevention is self-isolation of people who are sick, avoiding close contact with others, cleaning hands frequently, and covering mouth and nose when coughing or sneezing.

1. **If you are sick stay home**, we can not emphasize this enough. Though it is true that it is a grave matter to miss mass on Sundays and holydays, this never applies to those who are ill, especially those who are contagious or display flu-like symptoms.

2. Distribute Holy Communion under the species of bread alone. We receive the body and blood, soul and divinity of Christ in its totality under the species of bread alone. Receiving both species is a fuller "sign" not a fuller reality. The distribution of the chalice could be a high risk for contamination and thus is not necessary for the faithful. We have already implemented this item, at the Monastery.

3. We encourage communicants to receive on the hand. Reception of Communion on the tongue could inadvertently contaminate the hands of those distributing Communion. However, individual communicants have the right to decide.

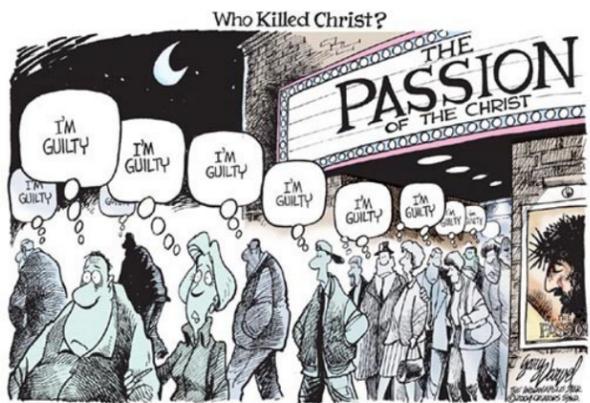
4. Elimination of the optional exchange of peace. The exchange of the Sign of Peace is an optional part of the liturgy, it is to be omitted rather than attempted without physical contact.

5. Ordinary and Extraordinary Ministers of Holy Communion should sanitize hands before and after distribution.

6. Omit the spontaneous gesture of hand-holding during the Our Father. There is no prescribed gesture for the People of God during the Our Father.

8. Refrain from using Holy Water fonts.

We are currently in a cautionary Level I situation, if it becomes necessary to impose higher levels of caution we will inform you in advance.



Ernie Acuna 3/16

Sandra Delgado 3/19



Sisters of St. Benedict

Our Lady of Guadalupe Bulletin

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<http://www.olgmonastery.com>

Prioress: Sr. Linda Campbell OSB **Director of Oblates: Sr. Lydia Armenta OSB**

The Mission of the Sisters of St. Benedict is to give witness to the Gospel values and follow the Rule of St. Benedict by living the monastic life through the charisms of:

Personal Prayer, Community Prayer, Hospitality, and ministering to the people of God.



Date:
03/15/2020
Third Sunday in Lent

Upcoming Dates to Remember:

- **Sunday, March 15**—Mass 10:15 and Hospitality Sunday!
- **Thursday, March 19**—FCCW 10am at Scholastica
- **Friday, March 20**—4:30pm Stations, 5pm Mass
- **Sunday, March 29**: Bishop Nevares consecrating our chapel restoration from fire.



Readings for Sunday March 15, 2020

Reading 1-Exodus 17:3-7

Reading 2-Romans 5:1-2, 5-8

Gospel-John 5:5-42 or 4:5-15, 19b-26, 39a, 40-42

From the desk of Sr. Linda.....

Greetings everyone,

It has been a difficult week for our country and for our world.

Let us continue to pray for all who are ill, for those who have died from the virus and flu's and pray for resolution for the world as we continue to search for solutions to end the virus/flu's.

We encourage you to follow the instructions of the Diocese as to the safety precautions for Communion, the sign of peace, and greeting one another.

Inside are a list of all the services that we have either postponed or cancelled.

Blessings,

Sister Linda Campbell, OSB, Prioress

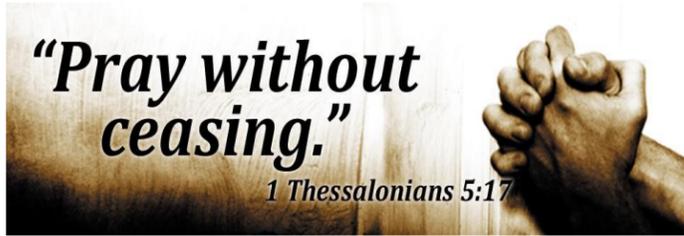
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Sr. Regina

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Oct 16, 2016



Lucy Quiroz
 Mickie Vaquera Adella Arriaga
 Kara Warren Sister Linda
 Christine Raydl Adella Dennett
 Lyle & Helen Copono Mike Leon
 Karen Brekas Patricia Waitkus
 Maria Elena Alvarez Moses Bailey
 Joyce Bustos Javier Chavarria

Lent at the Monastery

Here at the Monastery we have many opportunities to make this Lenten season one of prayer and reflection in preparation for Easter. Our Lenten schedule is as follows:

Fridays during Lent: 4:30 pm Stations;
 5:00 pm Mass

March 18: **Taize prayer 7 pm Postponed**

March 24—Lenten Reconciliation 7 pm

March 31—**Taize RESCHEDULED 7 PM**

April 8—Tenebrae 7 pm.

April 9—Holy Thursday liturgy and adoration 7 pm

April 10—Good Friday Stations 2pm;
 Good Friday Prayer Service 3 pm

April 11—Easter set up, time to be announced

April 12—Easter Sunday Mass 10:15 am

ARIZONA TAX CREDIT ASSISTS CATHOLIC SCHOOL STUDENTS.

IF YOU PAY ARIZONA TAXES AND WOULD LIKE TO HELP REYNA BARELA OR CODY ARRIAGA PLEASE SEE REYNA OR GRACE GALAVIZ FOR INFORMATION ON HOW THIS HAPPENS..

Please bring in your aluminum cans to the Monastery for recycling! Place bags of cans in blue cans provided by Monastery. Thanks!



Tax Donation Info

Tax season is here. If you made any donations to the Monastery during 2019 and need statements for your taxes, Bill Rodes has all the tithing records, please contact him.

Bill Rodes, 602-714-0264;
 brodesaz@yahoo.com.



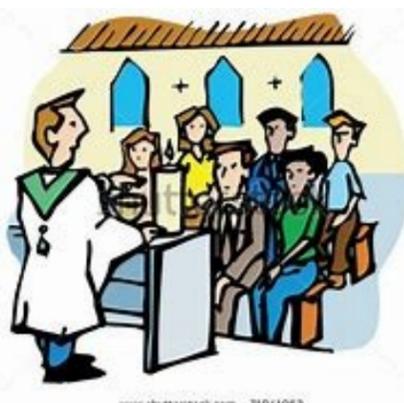
CANCELLATIONS AND POSTPONED SERVICES DUE TO VIRUS/FLU'S

THRIFT STORE CLOSED THROUGH THE END OF MARCH

MOVIE/SOUP ON FRIDAY NIGHTS ARE CANCELLED

TAIZE PRAYER POSTPONED TO MARCH 31ST AT 7 PM

MENUDO SALE POSTPONED TO AFTER EASTER



Bishop Olmstead Announcement on Sunday Liturgy

Those that are sick or at high risk because of other illness should be reminded to take care of themselves, and should be encouraged to stay home and participate in the Mass via television or streaming services.

The Bishop has dispensed these folks from Sunday liturgy.

We want everyone to be healthy, be smart, be holy.....

Let us continue to pray for one another.....for our country....and for the world as this pandemic continues throughout the world.