

Corona Virus/Flu Season Precautions

As prescribed by the Diocese of Phoenix. In order to promote safety and health in public worship and assist in alleviating undue anxiety among the faithful (especially the elderly), it seems prudent to reissue the following liturgical guidelines for the Diocese of Phoenix.

The Center for Disease Control together with the Bishops' Committee on Divine Worship remind us that the Coronavirus and the Flu are spread through personal, physical contact with someone who is sick (either through inhaling the virus, or through hand-to-mouth transmission with a contaminated surface). The CDC says that the best prevention is self-isolation of people who are sick, avoiding close contact with others, cleaning hands frequently, and covering mouth and nose when coughing or sneezing.

1. **If you are sick stay home**, we can not emphasize this enough. Though it is true that it is a grave matter to miss mass on Sundays and holydays, this never applies to those who are ill, especially those who are contagious or display flu-like symptoms.

2. Distribute Holy Communion under the species of bread alone. We receive the body and blood, soul and divinity of Christ in its totality under the species of bread alone. Receiving both species is a fuller "sign" not a fuller reality. The distribution of the chalice could be a high risk for contamination and thus is not necessary for the faithful. We have already implemented this item, at the Monastery.

3. We encourage communicants to receive on the hand. Reception of Communion on the tongue could inadvertently contaminate the hands of those distributing Communion. However, individual communicants have the right to decide.

4. Elimination of the optional exchange of peace. The exchange of the Sign of Peace is an optional part of the liturgy, it is to be omitted rather than attempted without physical contact.

5. Ordinary and Extraordinary Ministers of Holy Communion should sanitize hands before and after distribution.

6. Omit the spontaneous gesture of hand-holding during the Our Father. There is no prescribed gesture for the People of God during the Our Father.

8. Refrain from using Holy Water fonts.

We are currently in a cautionary Level I situation, if it becomes necessary to impose higher levels of caution we will inform you in advance.



Fellowship of Catholic Christian Women meet

Thursdays at 10am here at Scholastica House on

the following dates: March 19 & 26 April 2 & 23

Please reach out to Lisa Santa Cruz or Sandy

Delgado

Lupe's Thrift Store

OPEN Fridays and Saturdays

Hours 8am—Noon

We need your donations!

We need your gently used: furniture, appliances, kitchen items

***help very much needed to open and close Lupe's — please see Ralph or Irene**

Thank you!



Barbara Voepel 3/9

Kathy Hodge 3/10

Sharon Bonas-Hennessy 3/11

Greg Hernandez 3/12

Lisa Derrick 3/14



Sisters of St. Benedict

Our Lady of Guadalupe Bulletin

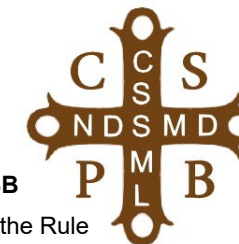
8502 W. Pinchot Ave, Phoenix, AZ 85037 Tel: 623-848-9608

<http://www.olgmonastery.com>

Prioress: Sr. Linda Campbell OSB Director of Oblates: Sr. Lydia Armenta OSB

The Mission of the Sisters of St. Benedict is to give witness to the Gospel values and follow the Rule of St. Benedict by living the monastic life through the charisms of:

Personal Prayer, Community Prayer, Hospitality, and ministering to the people of God.



Date:

03/08/2020

Second Sunday in Lent

Transfiguration of the Lord

Upcoming Dates to Remember:

- **Sunday, March 8**—Mass 10:15am
- **Friday, March 13**—Stations 4:30 pm/Mass 5pm followed by Soup/ Movie
- **Sunday, March 29:** Bishop Nevares consecrating our chapel restoration from fire.

From the desk of Sr. Linda.....

Greetings,

This week Emmanuel College students will be here for the week to volunteer at Andre House and St. Vincent de Paul dining room. They are an incredibly vibrant and caring group. They give up their spring break to serve others.

We are asking your help next Saturday with the WEED PARTY!

Improving with the Lupus: Rheumatologist, Acupuncture, Massage, and diet changes are working together. The fever/chills are now 2 hours instead of 6-8 and not every day. I'm grateful for the improvements.

Blessings to all of you.....

Our Lady of Guadalupe Monastery

Parking Lot Fund

Menudo 32 OZ and all the Fixings

Sunday, 03/22/2020

11:30 AM

\$15.00

Carry out only



Readings for Sunday March 8, 2020

Reading 1-Genesis 12:1-4

Reading 2-Second Timothy 1:8-10

Gospel-Matthew 17:1-9

"Pray without ceasing."

1 Thessalonians 5:17



Lent at the Monastery

Here at the Monastery we have many opportunities to make this Lenten season one of prayer and reflection in preparation for Easter. Our Lenten schedule is as follows:

Fridays during Lent: 4:30 pm Stations;
5:00 pm Mass

Soup/Movie 5:30 pm after Mass

March 13—Seasons of Gray

March 20—The Cobbler

April 3—TBD

March 18: Taize prayer 7 pm

March 24—Lenten Reconciliation 7 pm

April 8—Tenebrae 7 pm.

April 9—Holy Thursday liturgy and adoration 7 pm

April 10—Good Friday Stations 2pm;
Good Friday Prayer Service 3 pm

April 11—Easter set up, time to be announced

April 12—Easter Sunday Mass 10:15 am

Tax Donation Info

Tax season is here. If you made any donations to the Monastery during 2019 and need statements for your taxes, Bill Rodes has all the tithing records, please contact him.

Bill Rodes, 602-714-0264;
brodesaz@yahoo.com.

Volunteers Needed:

See Julie Pino if you can help with retreat serving and cleanup...in need of more help.

Please bring in your aluminum cans to the Monastery for recycling! Place bags of cans in blue cans provided by Monastery.

Thanks!



URGENT MESSAGE...HELP DESPERATELY NEEDED

Next Saturday, March 14 from 8 am to noon....

Our Monastery needs your help for the BIG WEEDING PARTY!!!!

Please come and help clean our grounds of weeds, trash, etc.

Bring your tools if you have them and your gloves.

EVERYONE CAN HELP EVEN IF YOU CAN'T DO WEEDS....

TAKING WATER TO THE VOLUNTEERS, HELPING WITH SET UP FOR LUNCH,

FIXING LUNCH AND CLEANING UP AFTER LUNCH.

HOPING TO HAVE ABOUT 50 PEOPLE ON THIS PROJECT.

IF WE GET 50 PEOPLE WE CAN GET DONE IN 4 HOURS!

SIGN UP AFTER MASS TODAY.....



Tommy Arriaga passed away on Friday morning. Tommy is survived by his wife, Monica and daughters: Miranda, age 7 and Madalynn, age 3. His parents: Rosie and Hank Arriaga.

Tommy was a firefighter at Tempe Fire Medical Rescue. Tommy battled cancer and is the second line-of-duty death for Tempe Fire Medical Rescue. He will have full honors throughout the services.

We have been praying for Tommy since he was diagnosed and know that we have another angel in heaven. Tommy was incredibly brave in his battle with cancer. Tommy will be missed by all who's lives he touched and served. Our sympathy is extended to our faith community members: Adella Arriaga [grandmother], Uncle Alex Arriaga, Aunts: Lucy Quiroz, Jane Arriaga, and Lilly Trujillo and extended family.

